**Cookies Policy**

**Open Mind Psychology Ltd**  
12th February 2025

**Introduction**

Open Mind Psychology Ltd (“we,” “us,” or “our”) may use cookies, web beacons, tracking pixels, and other tracking technologies when you visit our website, including any media form, mobile website, or mobile application related to it (collectively, the “Site”), to help customize and improve your experience.

We reserve the right to make changes to this Cookies Policy at any time. We will notify you by updating the “Effective Date” above. Any changes will be effective immediately upon posting on the Site, and continued use of the Site will be deemed as acceptance of these changes.

**What Are Cookies?**

Cookies are small text files stored on your device (computer, tablet, or mobile) when you visit a website. They help improve website functionality, enhance user experience, and provide analytical insights.

**How We Use Cookies**

We use cookies to:

* Ensure our website functions correctly and efficiently.
* Improve user experience by remembering preferences.
* Analyse website traffic and user behaviour to enhance our services.
* Ensure security and prevent fraudulent activity.

**Types of Cookies We Use**

1. **Essential Cookies** – Required for the website to function properly. These cannot be disabled.
2. **Analytical/Performance Cookies** – Help us understand how visitors interact with our website by collecting anonymised data.
3. **Functionality Cookies** – Allow the website to remember user preferences and settings.
4. **Security Cookies** – Help identify and prevent security risks, authenticate users, and protect user data from unauthorised parties.
5. **Site Management Cookies** – Maintain user sessions and retain form inputs between pages.
6. **Third-Party Cookies** – May be used by third-party services such as Google Analytics to track website performance. These third parties have their own privacy policies.

**Managing Cookies**

Most browsers are set to accept cookies by default. However, you can remove or reject cookies in your browser’s settings. Please be aware that doing so may affect the availability and functionality of the Site.

For more information on how to control cookies, visit your browser settings:

* Apple Safari
* Google Chrome
* Microsoft Edge
* Mozilla Firefox
* Opera
* Android (Chrome)
* iPhone or iPad (Safari or Chrome)

**Other Tracking Technologies**

We may use web beacons, pixel tags, and similar technologies in emails or on our Site. These technologies help track usage, deliver relevant content, and analyse interactions with our services. They do not collect personal information and cannot be declined directly, but their interaction can be limited by managing cookie preferences.

**Privacy Policy**

For more details on how we collect, store, and protect your data, please refer to our Privacy Policy on the Site. This Cookies Policy is incorporated into our Privacy Policy. By using the Site, you agree to be bound by both policies.

**Contact Us**

If you have any questions about our Cookies Policy, please contact us at:  
**Company Name:** Open Mind Psychology Ltd

**Email:** [dreloisesmith@gmail.com](mailto:dreloisesmith@gmail.com)

**Phone:** 07741456958

By using our website, you consent to the use of cookies as outlined in this policy.